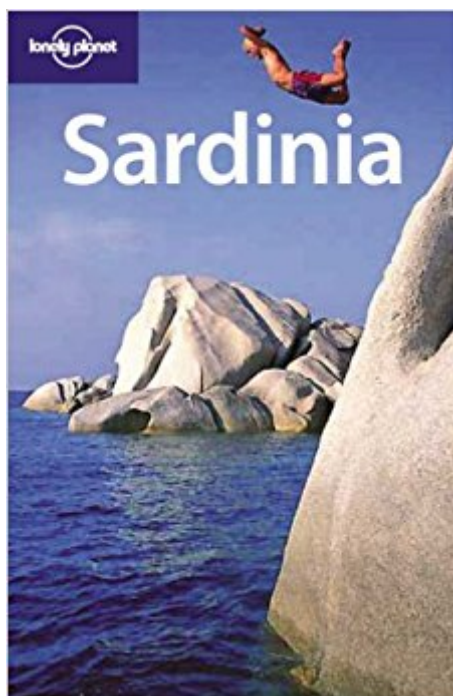


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# Lonely Planet Sardinia (Regional Guide)



## Synopsis

Fiercely independent but unquestionably Italian, secluded Sardinia is at last revealing its secrets to the rest of the world. The unspoilt, idyllic beaches and jewel-coloured waters are offset by rugged mountains and lush valleys, the mysterious nuraghe towers by charming seaside towns. The island's culture is fascinating, the festivals delightful, the food mouth-watering – so jump in! Read Up – detailed history, culture and arts chapters put Sardinia's unique heritage in context Dine Out – extensive reviews track down unassuming local haunts and exclusive Sardinian institutions Sleep In Style – the best places to stay from medieval Alghero to the bustling port city of Cagliari Get Active – the pick of the island's spectacular dive sites, mountain hikes in the Gennargentu, cycling routes and horse riding

## Book Information

Series: Regional Guide

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Average Customer Review: 4.2 out of 5 stars 4 customer reviews

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## Customer Reviews

'These smart and exhaustively researched guides have become the gold standard for serious, independent travelers.' --San Francisco Chronicle

We spent a 2 week house exchange there and had opportunity to check out all of the island. It made our stay very memorable

It is very good for planning the trip, but don't follow word by word as places which get signed in the guide tend to rise prices (so you should choose hotels by browsing in the internet)

I bought this book because the reviews about Rough Guide were pretty bad, and I must say Lonely Planet delivered once again. It's full of "local" tips that must have taken the author a very long time to put together. A few more mini-maps would save dozens of lines of directions to reach those hidden places, and would save the reader a lot of time on the road. We would also have done with a few more places to stay and eat, but locals are so welcoming that it was a joy to ask them. These shortcomings anyway don't even erode one star, as the guide is otherwise exceptional. We didn't need anything else.

My boyfriend and I just got back from our trip to Sardinia. The Lonely Planet was helpful with some general information, but it was a bit dated (the new edition comes out May 2006 though). It did have a really good section on the food in Sardinia which mentally prepared us for a homecooked farewell dinner of baby goat! :) All in all, having the book was much better than nothing, but I'd recommend taking another guide book along to cross reference (which we did) or wait for the 2006 edition.

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